

Rang	St.nr	Naam	Woonplaats	D/H	Netto	Finish	Kpm
Trailrun 10 kilometer							
Dames							
1.	18	Saskia van Vugt,	Driebergen-Rijsenburg	F	00:40:51	00:41:17	14.6
2.	110	Sandra van de Kieft,	Amersfoort	F	00:45:32	00:45:59	13.1
3.	114	Gelieke Steeghs,	Ede Gld	F	00:46:27	00:46:58	12.9
4.	29	Karin Hommen,	Utrecht	F	00:48:56	00:49:29	12.2
5.	87	Dominique van Dijk,	Maarssen	F	00:48:51	00:49:36	12.2
6.	56	Kylie Fogarty,	Utrecht	F	00:48:58	00:49:36	12.2
7.	76	Vera Hoebers,	Utrecht	F	00:50:21	00:50:49	11.9
8.	16	Stephanie Van Staden,	Maarn	F	00:53:27	00:53:54	11.2
9.	9	Sofie Derks,	Utrecht	F	00:54:00	00:54:34	11.1
10.	92	Henrike Bijlstra,	Maarssen	F	00:54:26	00:55:12	11.0
11.	49	Irene Ittmann,	Hilversum	F	00:54:48	00:55:19	10.9
12.	120	Gwenn Logister,	Leersum	F	00:55:09	00:55:50	10.8
13.	122	Mariska van Sprundel,	Utrecht	F	00:55:08	00:55:50	10.8
14	42	Van Ginkel,	Utrecht	F	00:56:00	00:56:32	10.7
15	5	Sonja van Leeuwen,	Nieuwegein	F	00:56:15	00:56:46	10.6
16	61	Lisanne Teunissen,	Utrecht	F	00:56:47	00:57:21	10.5
17	46	Alaude Jaasma,	Utrecht	F	00:56:55	00:57:23	10.5
18	23	Vanessa Zwam,	Nieuwegein	F	00:57:02	00:57:35	10.5
19	31	Louise Verkade,	Baarn	F	00:57:22	00:57:58	10.4
20	97	Janine Verstraelen,	Utrecht	F	00:58:01	00:58:38	10.3
21	13	Julia Loonen,	Driebergen-Rijsenburg	F	00:58:12	00:58:49	10.3
22	12	Nienke Kronemeijer,	De Bilt	F	00:58:11	00:58:49	10.3
23	72	Jenny Witte,	Utrecht	F	00:58:26	00:58:55	10.2
24	73	Remi veenhof,	Utrecht	F	00:58:24	00:58:55	10.2
25	58	Erna de Wit,	Doorn	F	00:58:18	00:58:57	10.2
26	38	Cassandra Blom,	Bodegraven	F	00:58:26	00:59:05	10.2
27	106	Ling Ko,	Utrecht	F	00:58:24	00:59:06	10.2
28	104	Corinne Van den bos,	Holten	F	00:58:24	00:59:08	10.2
29	63	Rozemarijn de Zwart,	Utrecht	F	00:59:04	00:59:52	10.1
30	112	Ilonka Thielen,	Utrecht	F	00:59:04	00:59:52	10.1
31	41	Marion Voskuil,	Driebruggen	F	00:59:17	00:59:56	10.1
32	69	Hester Pen,	Utrecht	F	00:59:45	01:00:19	10.0
33	21	Barbara Jongerden,	Kortenhoeft	F	00:59:42	01:00:26	10.0
34	256	Caroline Grimbergen,	Leiden	F	00:59:53	01:00:28	10.0
35	100	Els Van den Wollenberg,	Hilversum	F	01:00:13	01:00:39	9.9
36	68	Evelyn Velema,	Bunnik	F	01:00:08	01:00:39	9.9
37	91	Marye Rutten,	Tienhoven Ut	F	01:00:14	01:00:45	9.9
38	19	Charissa van Kekem,	Hoogblokland	F	01:00:28	01:00:59	9.9
39	30	Simona Vanco,	Utrecht	F	01:00:27	01:01:02	9.9
40	81	RenŽe Filius,	Utrecht	F	01:00:41	01:01:12	9.8
41	47	Brenda Visser,	Uithoorn	F	01:00:40	01:01:19	9.8
42	15	Jacqueline van Dijk,	Kudelstaart	F	01:01:34	01:02:15	9.7
43	55	Caro van Dijk,	Doorn	F	01:01:47	01:02:27	9.7
44	22	Judith Zadoks,	Utrecht	F	01:02:33	01:03:05	9.5
45	258	Mariët Schuurman,	Nijkerk	F	01:03:01	01:03:50	9.5
46	115	Meta van gijn,	Zeist	F	01:03:17	01:04:04	9.4
47	103	Evy Goessen,	Utrecht	F	01:03:51	01:04:34	9.3
48	99	Mayke Slagmolen,	Houten	F	01:03:58	01:04:40	9.3
49	88	Karin Gouw-Bijleveld,	Zeewolde	F	01:04:16	01:04:59	9.3
50	33	Rachel de Haas,	Ede Gld	F	01:04:23	01:05:04	9.3
51	85	Fatima Garcia,	Utrecht	F	01:04:52	01:05:28	9.2
52	113	Babet Sommers,	Zaandam	F	01:06:46	01:07:26	8.9
53	59	Hendrika Wetters,	Doorn	F	01:07:02	01:07:43	8.9
54	40	Helene Frasa,	Vianen Ut	F	01:11:41	01:12:31	8.3
55	26	Miranda Hoekman,	Doorn	F	01:13:44	01:14:28	8.1
56	17	Marieke Meertens,	Tholen	F	01:13:53	01:14:30	8.1
57	116	Henriette van Dijk,	Bodegraven	F	01:28:28	01:29:08	6.7
Herren							
1.	37	Remco van Ommering,	Renswoude	M	00:40:19	00:40:45	14.8
2.	94	Menno de Gier,	Woerden	M	00:44:07	00:44:34	13.6
3.	102	André van Kats,	Utrecht	M	00:44:11	00:44:37	13.5
4.	1	Maarten Van der Veen,	Driebergen-Rijsenburg	M	00:44:33	00:45:01	13.4

5.	108	Jochem van Dillen,	Utrecht	M	00:45:16	00:45:45	13.2
6.	117	Edgar Voogt,	Doorn	M	00:45:29	00:45:55	13.1
7.	118	Sander Goes,	Leersum	M	00:46:17	00:46:45	12.9
8.	77	Andre van Ooij,	Houten	M	00:46:30	00:46:58	12.9
9.	2	Maarten de Vries,	Bunnik	M	00:47:29	00:47:58	12.6
10.	66	Onno Haars,	Utrecht	M	00:47:47	00:48:16	12.5
11.	109	Michael Theelen,	Amersfoort	M	00:49:09	00:49:35	12.2
12.	86	Martin van Dijk,	Maarssen	M	00:48:52	00:49:37	12.2
13.	84	Kees Roovers,	Utrecht	M	00:50:01	00:50:30	11.9
14.	64	Duncan Wouterson,	Amersfoort	M	00:50:38	00:51:06	11.8
15.	3	Maarten Majoor,	Utrecht	M	00:50:26	00:51:07	11.9
16.	65	Nicolas Gandon,	Utrecht	M	00:50:38	00:51:08	11.8
17.	52	Wim Schijf,	Vianen Ut	M	00:51:10	00:51:46	11.7
18.	60	Jelle Veenstra,	Maarssen	M	00:51:25	00:51:58	11.6
19.	121	Niels van de Pol,	Utrecht	M	00:51:40	00:52:15	11.6
20.	124	Detlef Lengkeek,	Tienhoven Ut	M	00:51:40	00:52:15	11.6
21.	98	Marco Deterink,	Utrecht	M	00:51:45	00:52:30	11.5
22.	82	Welmer Schoonhoven,	Breukelen Ut	M	00:51:52	00:52:38	11.5
23.	93	Arend van Houwelingen,	Doorn	M	00:52:50	00:53:23	11.3
24.	111	Martijn Thomas,	Driebergen-Rijsenburg	M	00:52:57	00:53:35	11.3
25.	74	Jop Brijker,	Leusden	M	00:52:58	00:53:43	11.3
26.	11	Hans van Hattum,	Nieuw-Lekkerland	M	00:53:14	00:53:47	11.2
27.	89	Ron Gouw,	Zeewolde	M	00:53:15	00:53:58	11.2
28.	57	Gertjan van Helden,	Wageningen	M	00:53:48	00:54:36	11.1
29	219	Jochem Smits,	Utrecht	M	00:54:19	00:54:56	11.0
30	1157	Paul Mooijman		M	00:54:32		
31	83	Danny van Zon,	Zwolle	M	00:54:40	00:55:23	10.9
32	43	Johan Voskuil,	Driebruggen	M	00:55:01	00:55:40	10.9
33	119	Michiel Van der Sluis,	Utrecht	M	00:55:18	00:55:52	10.8
34	51	John Theune	Vianen Ut	M	00:55:39	00:56:15	10.7
35	27	Kees Sosef,	Almere	M	00:56:40	00:57:23	10.5
36	24	Bas Kolenbrander,	Nieuwegein	M	00:57:02	00:57:35	10.5
37	62	Jeroen Wagemaker,	Utrecht	M	00:57:08	00:57:42	10.5
38	96	Giel van Stralen,	Utrecht	M	00:57:08	00:57:42	10.5
39	28	Goof Lindijer,	Doorn	M	00:57:59	00:58:31	10.3
40	75	Herbert Steeman,	Leersum	M	00:58:03	00:58:38	10.3
41	48	Ludie van loon,	Hellouw	M	00:58:07	00:58:40	10.3
42	107	Steven Majoor,	Utrecht	M	00:58:14	00:58:55	10.3
43	39	Ron Bakker,	Alkmaar	M	00:58:25	00:59:05	10.2
44	44	Paul Walta,	Overberg	M	00:58:44	00:59:34	10.2
45	20	Joost de Ridder,	Kortenhoef	M	00:59:44	01:00:28	10.0
46	90	Ronald van Doorn,	Tienhoven Ut	M	01:00:15	01:00:45	9.9
47	101	Henk Libbers,	Leersum	M	01:01:37	01:02:07	9.7
48	14	Robert van der Jagt,	Ter Aar	M	01:01:34	01:02:15	9.7
49	34	Jan Jaap Dieperink,	Amerongen	M	01:01:48	01:02:21	9.7
50	36	Jan-Willem Augustinus,	Maarssen	M	01:01:56	01:02:42	9.6
51	50	Tim Bosman,	Amersfoort	M	01:02:24	01:03:01	9.6
52	32	Enrico ten Klooster,	Ede Gld	M	01:02:35	01:03:17	9.5
53	212	Markus Stauber,	Houten	M	01:02:35	01:03:22	9.5
54	259	Rob Schuurman,	Nijkerk	M	01:03:00	01:03:49	9.5
55	10	Walter Tesselhoff,	Leersum	M	01:05:09	01:05:41	9.2
56	70	Marc Eisma,	Maarssen	M	01:05:22	01:06:09	9.1
57	71	Mathieu van Dreven,	Maarssen	M	01:05:54	01:06:41	9.1

Trailrun 20 kilometer

Dames

1	232	Nanda Clarisse,	Woerden	F	01:34:06	01:34:42	12.7
2	244	Trix Hakstege,	Amersfoort	F	01:46:39	01:47:15	11.2
3	226	Jolanda Rozeboom Haverlag,	Nijkerkerveen	F	01:51:24	01:51:59	10.7
4	238	Willemijn Streutker,	Hilversum	F	01:53:36	01:54:10	10.5
5	211	Marlie Kraesgenberg,	Utrecht	F	01:56:17	01:56:54	10.3
6	105	Ellen Brinksma		F	01:58:31	01:58:31	5.0
7	260	Gaby van Rooij,	Amerongen	F	02:00:32	02:01:13	9.9
8	215	Yvonne van Dam,	Leersum	F	02:00:37	02:01:18	9.9
9	222	Linda Visser,	Utrecht	F	02:06:11	02:06:49	9.5
10	204	Miranda van der Kooij,	Doorn	F	02:08:48	02:09:19	9.3

11	220 Lydia van Middendorp,	Zeewolde	F	02:11:12	02:11:49	9.1
12	207 Thamar Heerikhuisen,	Driebergen-Rijsenburg	F	02:14:17	02:14:52	8.9
13	249 Gre Reinderts,	Amersfoort	F	02:14:29	02:15:08	8.9
14	247 Desiree Homma,	Bosch en Duin	F	02:14:40	02:15:18	8.9
15	236 Liesbeth Abbenes,	Amsterdam	F	02:25:09	02:25:41	8.2
16	221 Lena Hak,	Bilthoven	F	00:50:23	00:51:02	23.8
17	205 Joke Schoenmakers,	Elst Ut	F	01:03:08	01:03:45	19.0
Heren						
1	209 Floris van Loo,	Driebergen-Rijsenburg	M	01:27:29	01:28:00	13.7
2	233 Daan Briedé,	Doorn	M	01:27:38	01:28:10	13.6
3	228 Jeroen		M	01:27:50	01:28:23	13.6
4	250 Xander Cornelis,	Amersfoort	M	01:28:01	01:28:35	13.6
5	227 Brendan Vastenhouw,	Veenendaal	M	01:28:29	01:29:05	13.5
6	223 Tim van der Veer,	Utrecht	M	01:30:16	01:30:47	13.2
7	201 Maarten Snel,	Kortenhoef	M	01:34:57	01:35:28	12.6
8	229 Gerben van Es,	Scherpenzeel Gld	M	01:36:02	01:36:43	12.4
9	202 Maarten Hienekamp,	Langbroek	M	01:36:16	01:36:50	12.4
10	248 Dirk de Monchy,	Amersfoort	M	01:37:46	01:38:21	12.2
11	216 Dominique Hommes,	Utrecht	M	01:38:04	01:38:40	12.2
12	237 Jaap Kuipers,	Capelle aan den IJssel	M	01:38:43	01:39:15	12.1
13	253 Danny Wolfswinkel,	Scherpenzeel Gld	M	01:41:15	01:41:56	11.8
14	252 Ronald Verhaal,	Zaandam	M	01:41:32	01:42:05	11.8
15	213 Menno Koehler,	Utrecht	M	01:41:30	01:42:06	11.8
16	224 Leander de Blik,	Culemborg	M	01:43:31	01:44:04	11.5
17	218 Raymond Linkers,	Utrecht	M	01:45:26	01:46:02	11.3
18	255 Rik Wolswinkel,	Woudenberg	M	01:46:38	01:47:15	11.2
19	239 Jasper Fiselier,	Amersfoort	M	01:46:45	01:47:25	11.2
20	235 Patrick Brooijmans,	Utrecht	M	01:47:12	01:47:52	11.1
21	234 Erik Wijbenga,	Utrecht	M	01:49:26	01:50:06	10.9
22	242 Jesper de Groot,	Amersfoort	M	01:50:34	01:51:14	10.8
23	245 Hendrik Krist,	Oudehorne	M	01:51:24	01:52:03	10.7
24	246 Norbert Bessems,	Hilversum	M	01:51:30	01:52:05	10.7
25	230 André Diepeveen,	Scherpenzeel Gld	M	01:51:38	01:52:19	10.7
26	225 Dennis Slinger,	Woerden	M	01:52:38	01:53:11	10.6
27	231 Henny Rietveld,	Vleuten	M	01:55:56	01:56:31	10.3
28	210 Pieter buijs,	Lopik	M	01:59:45	02:00:25	10.0
29	257 Rob Ootes,	Maarssen	M	02:02:34	02:03:09	9.7
30	240 André Bus,	Paasloo	M	02:04:22	02:04:59	9.6
31	241 Jan Kromwijk,	Bodegraven	M	02:10:00	02:10:39	9.2
32	214 Jan Willem Hesselink,	Zeewolde	M	02:10:46	02:11:24	9.1
33	243 Hans Prins,	Veenendaal	M	02:11:00	02:11:35	9.1
34	217 Jack Miskiewicz,	Utrecht	M	02:14:15	02:14:53	8.9
35	200 Maarten Hamelink,	Ede Gld	M	01:17:28	01:18:07	15.4